

Advocacy + Community Work

Dr Aisha Harris, MD

Harris Family Health - Flint, MI

September 20th, 2024 - Charles Stewart Mott Department of Public Health

Everything Impacts Health

**“Social determinants of health (SDOH) are
non-medical factors affecting health.”**



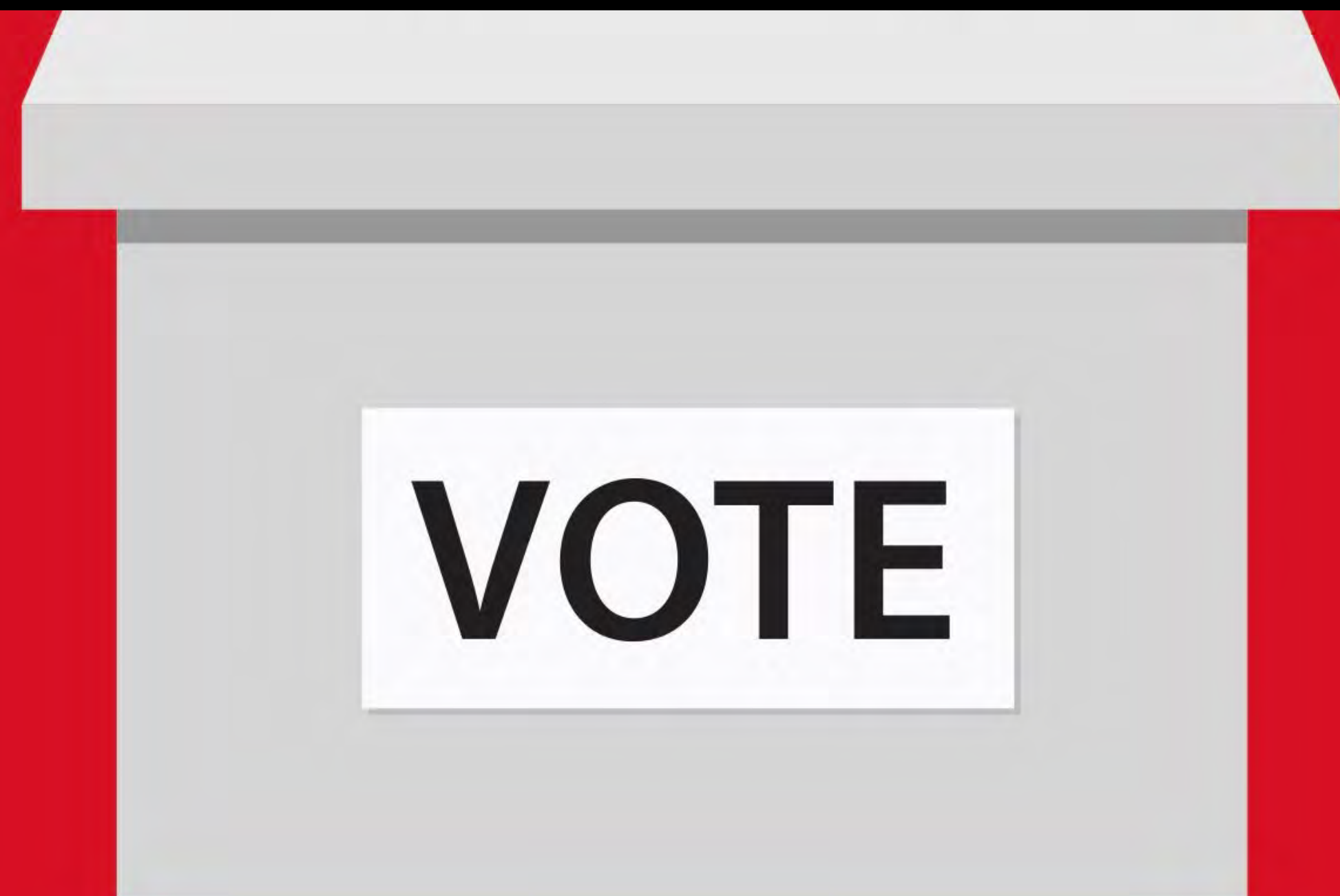
Health disparities and inequities
motivate and impact health
advocacy and policy work





Self Advocacy

Civic engagement and health autonomy are forms of self advocacy in public health



Protecting, Connecting and Thriving
We Are All Public Health



Individual Advocacy

Public health and medical careers are built by advocates

Systems Advocacy

Population health work that impacts current and future generations



HEALTH ADVOCACY



Patient
Care

Health Literacy
and Outreach
Work

Policy Comments,
Letters, Statements,
Op-Eds

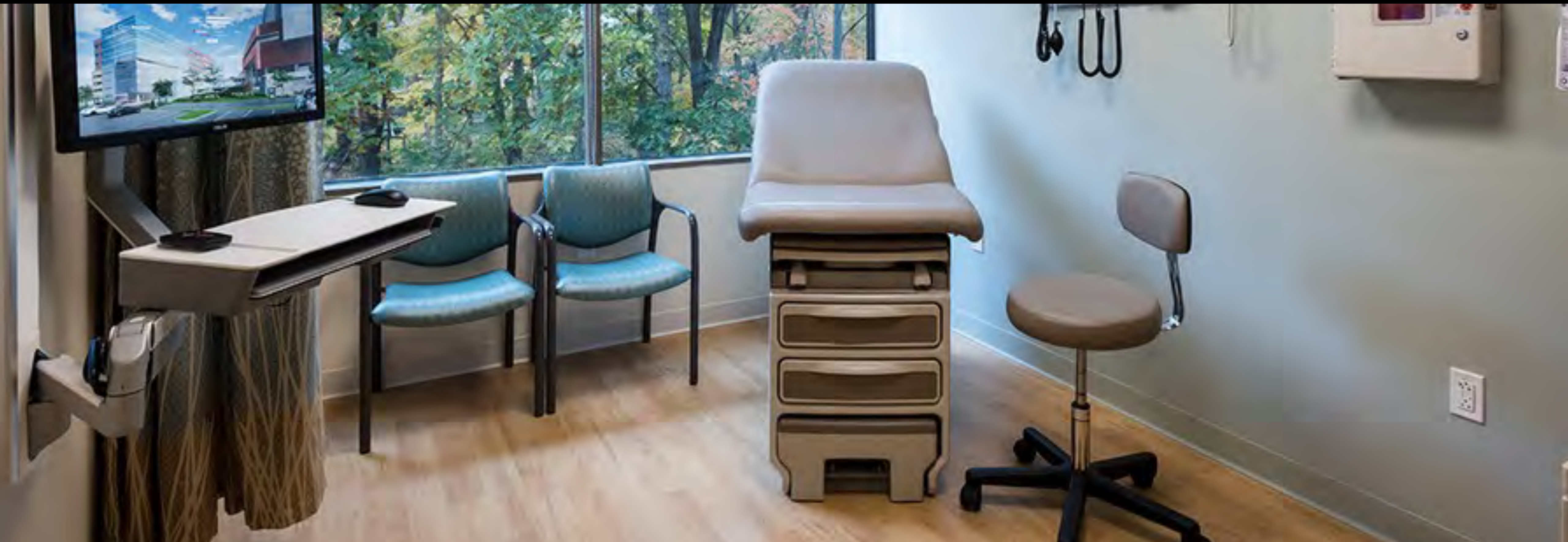
Local, State,
National Advocacy
Days

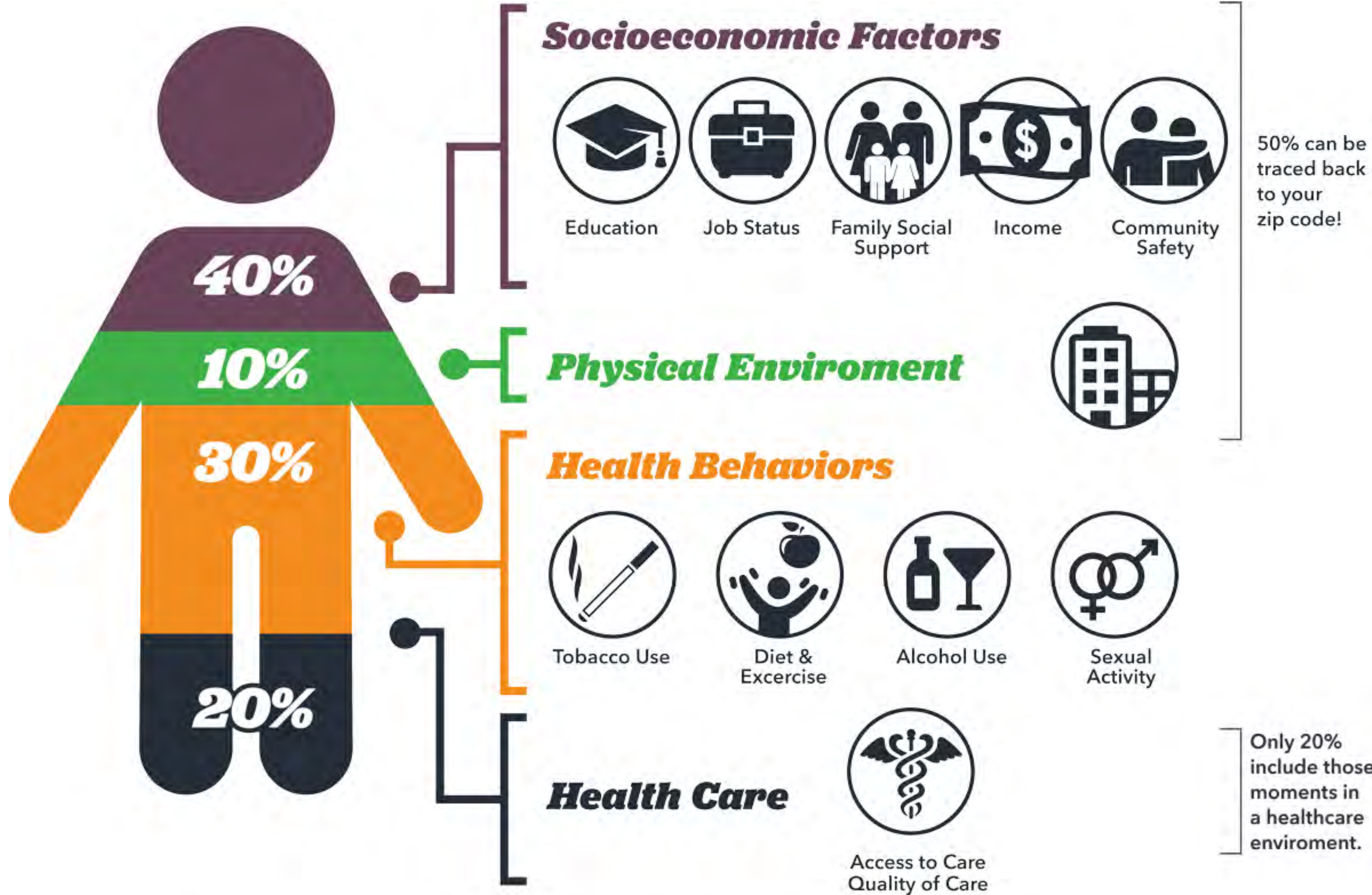
Non-Profits
Partnerships +
Participation

My health advocacy journey started as a medical student at Georgetown learning about health disparities and wanting to address them



As a family medicine doctor my first line of advocacy is with my patients directly.





Getting outside the clinic and more involved in public health and health policy was going to be proactively improve health outcomes.

HEALTH ADVOCACY



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MICHIGAN ACADEMY OF
FAMILY PHYSICIANS



Allergy
& Asthma
NETWORK



Allergy &
Asthma
Day



American
College
of Allergy, Asthma
& Immunology

Capitol Hill

CLIMATE
ACTION
CAMPAIGN



AMERICAN ACADEMY OF
FAMILY PHYSICIANS

STRONG MEDICINE FOR AMERICA



Advocacy through non-profit
priorities and partnerships



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stituency Le
(NCCL)



CLIMATE &
HEALTH
EQUITY
FELLOWSHIP

YOUNG
GIFTED
& GREEN



COMMITTEE TO PROTECT
HEALTH CARE



Advocacy through policy discussions, policy celebrations, and community involvement



DR. AISHA HARRIS
FLINT FAMILY PHYSICIAN

Guest Commentary

Opinion | Michigan doctors support state drug panel, ignore Big Pharma ads



DETROITNEWS.COM

Opinion: Allow automatic voter registration during Medicaid enrollment

OPINION // VOICES

OPINION: Ending hospital price gouging can save my patients money, protect their health

Dr. Aisha Harris, Guest Columnist

Updated: Sep. 21, 2023 1:44 p.m.



Headlines Health and Wellness



Getting there is half the battle: How transportation impacts your health

Advocacy through health columns and op-ed articles that focus on health literacy, health access, health care cost, and health outcomes.

OPINION

Opinion: Is Flint ready for a tornado or other extreme weather?

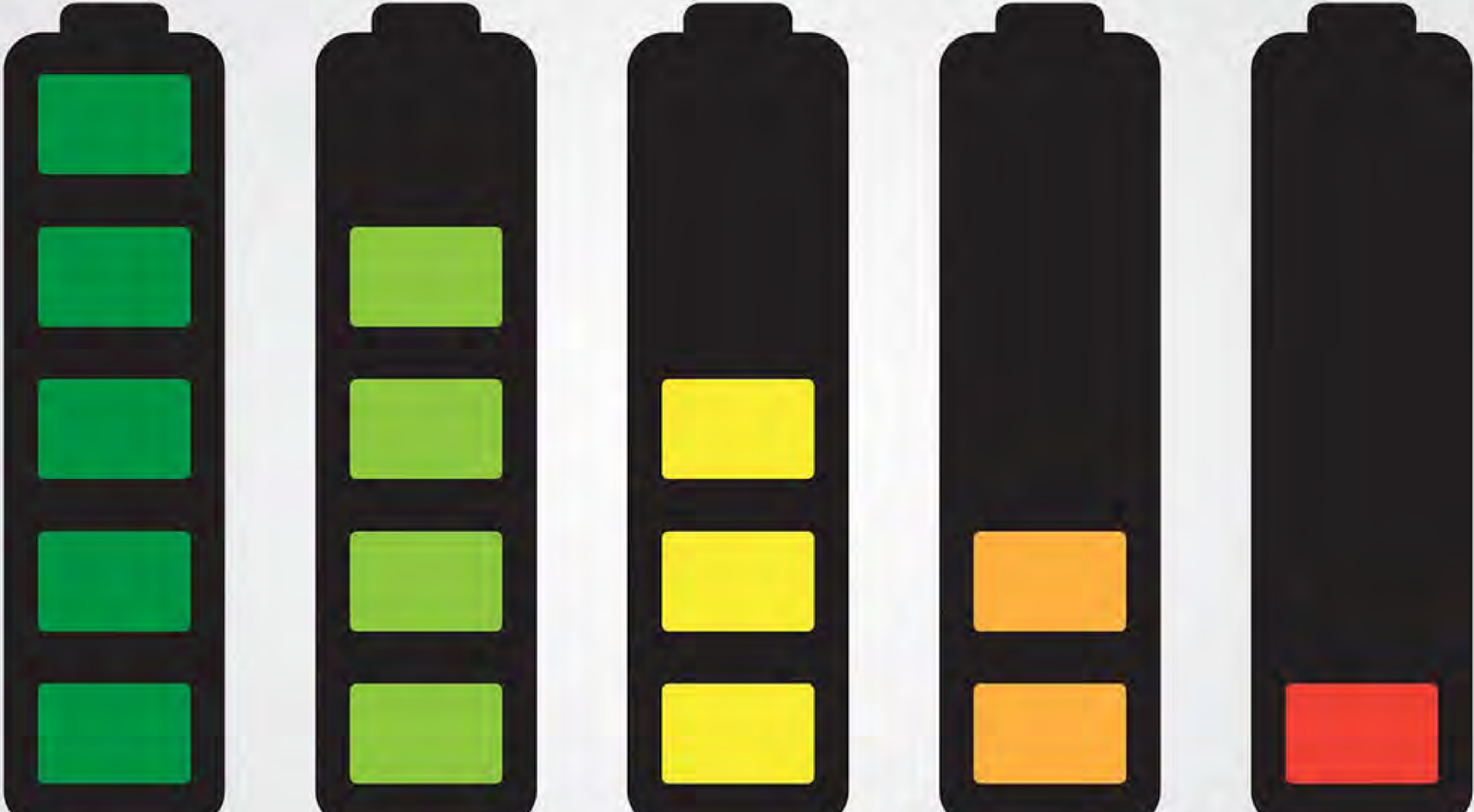


detroitnews.com

Opinion: Drug board will improve health outcomes and equity

**Advocacy Looks
Different Everyday**

Know Your *Capacity* and Your *Passion*



A Glimpse at My Advocacy Experience

- Patient Advocacy
 - Patient Care
 - Signing Petitions
 - Addressing Health Literacy Gaps
- Community Advocacy
 - Health Education Talks
 - Flint Courier News Health Columns
 - Civic Engagement
- Health System Advocacy
 - AFP via MAFP Advocacy Committee and AAFP NCCL
 - Committee to Protect Health Care
- Health and Politics
 - Advocacy Days and Public Hearings
 - Roundtable Discussion, Political Rallies



QUESTIONS?



DR AISHA HARRIS, MD
HARRIS FAMILY HEALTH

